The COCS-N English Version

A Community Health Workers Perceptual and Behavioral Competency Scale

for Preventing Non-Communicable Diseases (COCS-N), English Version

Please circle (○) the number that you could say, “most closely matches your thought and situation for each statement”.

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| No | Item | Disagree | Disagree  somewhat | Agree  somewhat | Agree |
| 1 | I enjoy the time I spend with the local people, helping them enhance their health. | 0 | 1 | 2 | 3 |
| 2 | I find that I enjoy what I do as a health promoter because I can learn new things about health. | 0 | 1 | 2 | 3 |
| 3 | I want to work with the local people to maintain and improve everyone's health as much as possible. | 0 | 1 | 2 | 3 |
| 4 | I'm happy to see that other people are pleased with my activities as a health promoter. | 0 | 1 | 2 | 3 |
| 5 | I can talk about health to local people at sites of community gatherings. | 0 | 1 | 2 | 3 |
| 6 | I can teach physical exercises and sports to my family and neighbors that they can easily incorporate into their daily lives. | 0 | 1 | 2 | 3 |
| 7 | I can share, with professionals (public health nurses, nutritionists, etc.), information about the health challenges that the community faces. | 0 | 1 | 2 | 3 |
| 8 | I can convey to my family and neighbors the importance of eating well-balanced meals. | 0 | 1 | 2 | 3 |

Imamatsu Y, Tadaka E, Development of a Community Health Workers Perceptual and Behavioral Competency Scale for Preventing Non-Communicable Diseases (COCS-N) in Japan. BMC Public Health.